






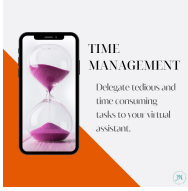



Social Media Content Plan

Joy Nefulda - Virtual Assistant Services



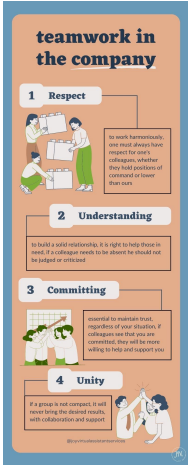


Facebook

Date/Time	Content Type	Content/Text	Status
July 24, 2023, Mon @ 9 AM		Monday is for people with a mission. - Cristina Imre #virtualassistant #virtualassistantservices #mondaymotivation	To be scheduled on FB page
July 25, 2023, Tue @ 12 NN	Share Article using link	6 Effective time management strategies for small business owners. #virtualassistant #virtualassistantservices #timemanagementtips https://www.zoho.com/en-au/tech-talk/time-management-strategies.html	To be scheduled on FB page
July 26, 2023, Wed @ 3 PM		Five Tips for Building a Strong Team in Your Small Business #virtualassistant #virtualassistantservices #businessdynamicteam	To be scheduled on FB page
July 27, 2023, Thu @ 6 PM		Does your business require skills you don't have? Maybe it's time to hire a Virtual Assistant. #virtualassistant #virtualassistantservices	To be scheduled on FB page
July 28, 2023, Fri @ 5 PM		You deserve a good weekend! Have fun! #virtualassistant #virtualassistantservices #timetorelax	To be scheduled on FB page





Instagram

Date/Time	Content Type	Content/Text	Status
July 24, 2023, Mon @ 9 AM		It's Monday. Get a new perspective. Whatever obstacle you're facing - it's not permanent. - Unknown #virtualassistant #virtualassistantservices #mondaymotivation	To be scheduled on IG
July 25, 2023, Tue @ 12 NN		Time management tip for entrepreneurs: Delegate to the Experts! You should be using your time on the most critical aspects of the business. Delegate tedious and time consuming tasks to your virtual assistant. #virtualassistant #virtualassistantservices #timemanagementtips	To be scheduled on IG
July 26, 2023, Wed @ 3 PM		4 Ways to Improve Teamwork in the Workplace #virtualassistant #virtualassistantservices #teamwork	To be scheduled on IG
July 27, 2023, Thu @ 6 PM		Are you spending too much time on your administrative tasks? Maybe it's time to hire a Virtual Assistant. #virtualassistant #virtualassistantservices	To be scheduled on IG
July 28, 2023, Fri @ 5 PM		You did your best this week! It's time to relax. #virtualassistant #virtualassistantservices #timetorelax	To be scheduled on IG

Twitter

Date/Time	Content Type	Content/Text	Status
July 24, 2023, Mon @ 9 AM		Let's start the week with a happy Monday! #virtualassistant #virtualassistantservices #mondaymotivation	To be scheduled on Twitter
July 25, 2023, Tue @ 12 NN		Time management tip for entrepreneurs: Leverage your business! Delegate tedious and time consuming tasks to your virtual assistant. #virtualassistant #virtualassistantservices #timemanagementtips	To be scheduled on Twitter
July 26, 2023, Wed @ 3 PM		Teamwork in the Company #virtualassistant #virtualassistantservices #teamwork	To be scheduled on Twitter
July 27, 2023, Thu @ 6 PM		Do you need help in leveraging your business? Maybe it's time to hire a Virtual Assistant. #virtualassistant #virtualassistantservices	To be scheduled on Twitter
July 28, 2023, Fri @ 5 PM		You accomplished much this week! Enjoy the weekend! #virtualassistant #virtualassistantservices #timetorelax	To be scheduled on Twitter

LinkedIn

Date/Time	Content Type	Content/Text	Status
July 24, 2023, Mon @ 9 AM		The secret of getting ahead is getting started. - Mark Twain #virtualassistant #virtualassistantservices #mondaymotivation	To be scheduled on LinkedIn
July 25, 2023, Tue @ 12 NN	Share Article using link	17 Effective Time Management Tips for Busy Entrepreneurs #virtualassistant #virtualassistantservices #timemanagementtips https://mytasker.com/blog/time-management-tips	To be scheduled on LinkedIn
July 26, 2023, Wed @ 3 PM		The Most Effective Ways to Grow Top-Performing Teams #virtualassistant #virtualassistantservices #teamwork	To be scheduled on LinkedIn
July 27, 2023, Thu @ 9 AM		Have you ever had to decide between work and your personal life? Maybe it's time to hire a Virtual Assistant. #virtualassistant #virtualassistantservices	To be scheduled on LinkedIn
July 28, 2023, Fri @ 5 PM		You did well this week! Enjoy your well deserved weekend! #virtualassistant #virtualassistantservices #timetorelax	To be scheduled on LinkedIn