

# Scheduling and Posting Social Media Content


*Joy Nefulda - Virtual Assistant Services*

## Scheduled Posts in Buffer: Twitter and LinkedIn

The screenshot shows the Buffer Publishing interface. The left sidebar contains navigation options: Create, Calendar, Campaigns, Queues, and Add Channels. The main area displays a calendar for July 2023. The calendar shows dates from Sunday to Saturday. The 20th of July is highlighted. The 24th, 25th, 26th, 27th, and 28th of July have scheduled posts for Twitter and LinkedIn. The 24th has a post at 9:00 AM. The 25th has a post at 12:00 PM. The 26th has a post at 3:00 PM. The 27th has a post at 6:00 PM. The 28th has a post at 5:00 PM. The 20th of July has a post at 12:00 PM. The 21st of July has a post at 5:00 PM. The 22nd of July has a post at 5:00 PM. The 23rd of July has a post at 9:00 AM. The 24th of July has a post at 9:00 AM. The 25th of July has a post at 12:00 PM. The 26th of July has a post at 3:00 PM. The 27th of July has a post at 6:00 PM. The 28th of July has a post at 5:00 PM. The 29th of July has a post at 5:00 PM. The 30th of July has a post at 5:00 PM. The 31st of July has a post at 5:00 PM.


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## Scheduled Posts in Meta: Facebook and Instagram



**Planner**  
Plan your marketing calendar by creating, scheduling, and managing your content.

Create ad>Create





WeekMonth<Today>

July 2023

Content type: allShared to: all

Sun 23	Mon 24	Tue 25	Wed 26	Thu 27	Fri 28	Sat 29
	<div>9:00 AM</div> <div>MONDAY</div> <div>Monday Motivation</div> <div>Facebook</div>	<div>12:00 PM</div> <div></div> <div></div> <div>Facebook</div>	<div>3:00 PM</div> <div></div> <div></div> <div>Facebook</div>	<div>6:00 PM</div> <div></div> <div></div> <div>Facebook</div>	<div>5:00 PM</div> <div></div> <div></div> <div>Facebook</div>	
	<div>9:00 AM</div> <div></div> <div></div> <div>Instagram</div>	<div>12:00 PM</div> <div></div> <div></div> <div>Instagram</div>	<div>3:00 PM</div> <div></div> <div></div> <div>Instagram</div>	<div>6:00 PM</div> <div></div> <div></div> <div>Instagram</div>	<div>5:00 PM</div> <div></div> <div></div> <div>Instagram</div>	


Schedule a post or story  
Save time by scheduling ahead.

Schedule

Moments

Drafts

Moments



**No upcoming moments**  
There are no upcoming moments in the next 75 days.  
Reminders of upcoming moments will appear here.